

Establishing an Infection Control Program for Acute Respiratory Infections

Prof. Wing Hong Seto, Queen Mary Hospital, Hong Kong
 Sponsored by WHO Clean Care is Safer Care (www.who.int/gpsc/en)

Establishing an Infection Control Program for Acute Respiratory Infections and Ensuring Pandemic Preparedness




WH Seto
 Queen Mary Hospital
 Hong Kong

Hosted by Philip Russo
 National Project Manager
 Hand Hygiene Australia

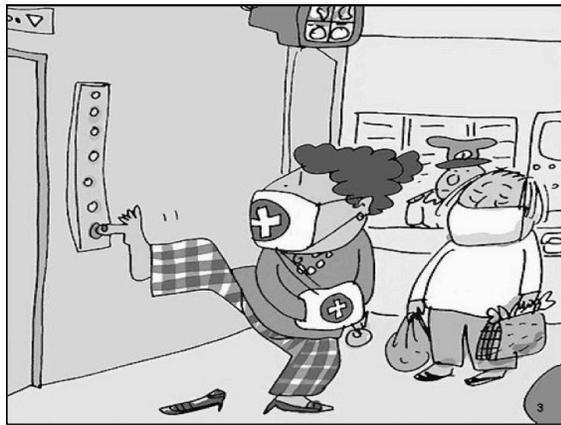
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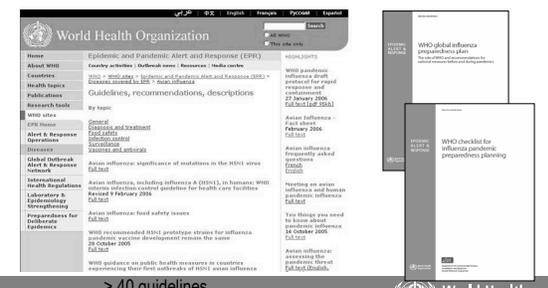
www.webbertraining.com June 21, 2011

The problem of over reaction on the wrong thing

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WHO PPP Tools (Global Pandemic Plan + Checklist)



> 40 guidelines
 Epidemic and Pandemic Alert and Response
http://www.who.int/csr/disease/avian_influenza/guidelines

World Health Organization

Infection prevention and control of epidemic and pandemic-prone acute respiratory diseases in health care

WHO Interim Guidelines

June 2007

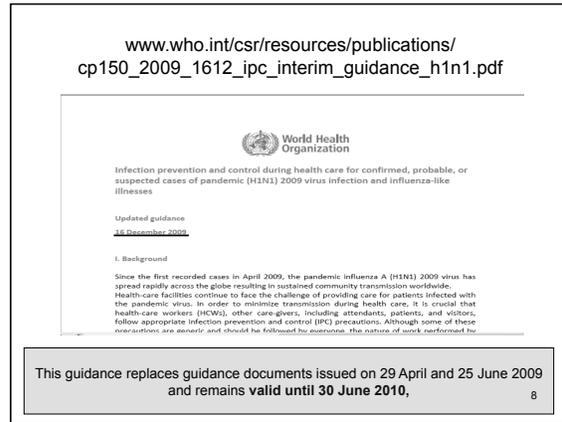
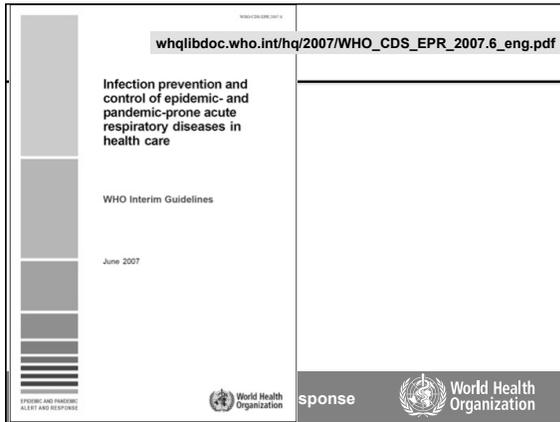
World Health Organization

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 3. Measures before diagnosis is made (Figure 1)
 4. Cohort patients or if not separation by 1m apart
 5. Special measures for pediatric patients
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 7. Handling high risk procedures
 8. Isolation rooms and when it is not enough
 9. Use of PPEs and managing surge capacity
 10. Infection Control in special situations

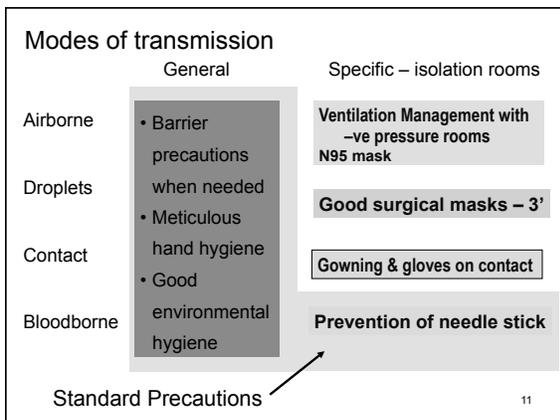


Table 4: Standard Precautions in all Healthcare Settings

COMPONENT	RECOMMENDATIONS
Hand hygiene	After touching blood, body fluids, secretions, excretions, contaminated items, immediately after removing gloves, patient contacts.
Personal protective equipment (PPE)	For touching blood, body fluids, secretions, excretions, contaminated items; for touching mucous membranes & exposed skin.
Gown	During procedures and patient-care activities when clothing is exposed skin with blood/body fluids, secretions, excretions is anticipated.
Mask, eye protection (goggles), face shield*	During procedures and patient-care activities likely to generate splashes or sprays of blood, body fluids, secretions, excretions, or other potentially infectious material.
Soiled patient-care equipment	Handle in a manner that prevents transfer of microorganisms and to the environment; wear gloves if not contaminated; perform hand hygiene.
Environmental control	Develop procedures for routine care, cleaning, & environmental surfaces, especially frequently touched patient-care areas.
Textiles and laundry	Handle in a manner that prevents transfer of microorganisms and to the environment.
Needles and other sharps	Do not recap, bend, break, or hand-manipulate; recapping is required, use a one-handed scoop or use safety features when available; place used in puncture-resistant container.
Patient resuscitation	Use mouthpiece, resuscitation bag, other ventilator to prevent contact with mouth and oral secretions.
Patient placement	Prioritize for single-patient room if patient is at increased risk of transmission; if likely to contaminate the environment, maintain appropriate hygiene, or is at increased infection or developing adverse outcome follow: Instruct asymptomatic persons to cover mouth/nose when sneezing/coughing; use tissues and dispose in receptacle; observe hand hygiene after spilling of respiratory secretions; wear surgical mask if close spatial separation, >3 feet if possible.
Respiratory hygiene/cough etiquette (source containment of infectious respiratory secretions in symptomatic patients, beginning at initial point of encounter e.g. triage and reception areas in emergency departments and physician offices).	

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Definitions

- Acute respiratory diseases (ARD)
 - Infective causes
- Acute respiratory disease of potential concern
 - ARD with public impact
 - International Health Regulation (2005)
 - SARS
 - New influenza subtype
 - New organisms causing large-scale outbreaks and outbreaks with high morbidity and mortality
 - *Plague*



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Must first understand what is airborne infection

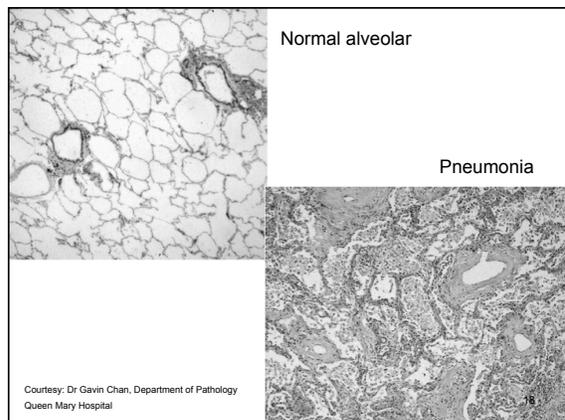
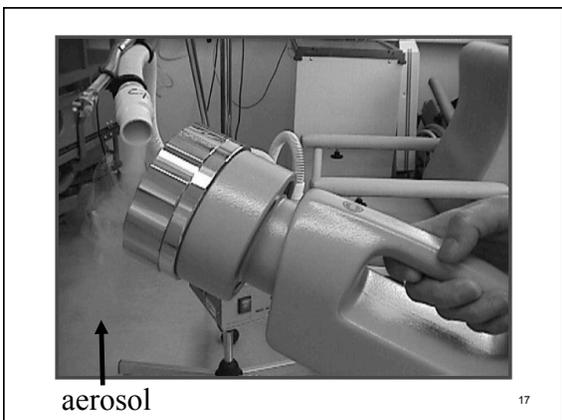
Bacteria That Cause Airborne Nosocomial Infections

• Group A Streptococcus	• Acinetobacter
• Staph. aureus	• Legionellae
• Neisseria meningitidis	• Clostridia
• Bordetella pertusis	• Pseudomonas
• MTB	• Nocardia

Viruses Implicated in Airborne Nosocomial Infections

• Rinoviruses	• Varicella Zoster Virus
• Influenza and	• Measles
• Parainfluenza viruses	• Rubella
• Respiratory Syncytial Virus	• Smallpox
• Adenovirus	• Certain enteroviruses

Adapted from Schaal, 1985



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Transmission Based Precaution

Airborne	Nuclei of < 5µm	Pulm. TB Measles Varicella Zoster
Droplet	Nuclei of > 5µm	Influenza Meningococcal Pertussis
Contact	Transmission by direct or indirect contact	MR organisms Enteric RSV
Blood	Exposure to blood inoculation	HIV, HBV

Is Influenza Airborne?

Transmission of influenza A in human beings
 Brankston et al. Lancet ID 2007(7):257-65

Search of 2012 citations

“We are able to conclude that transmission occurs at close range rather than over long distance, suggesting that airborne transmission, traditional defined, is unlikely to be of significance in most clinical setting.”

Artificial generated aerosol can infect man and animals

Artificial aerosols: <10% are larger 8 µm
 Natural coughing: 99.9% are larger than 8 µm

“We question whether these studies are relevant to natural route of human transmission”

“No published evidence of human infection resulting from the ambient air”

Alaskan Airline: Non functional ventilation system 72% infected
 (Am J Epidemiol 1979:110:1-6) Free movement of passengers

Naval base aircraft (Am J Epidemiol 1989:129:341-48)
 Klontz reported outbreaks (56%) in functional ventilation planes

Influenza lower with UV lights (Am Rev Resp Dis 1961:83:36)
 Infection related to ventilation systems in 4 buildings
 (J Am Ger 1996:18:811)

- Many confounders not accounted:
 eg. number of index patients, bed layout, length of stay, hand hygiene, immunization status.
- One study even confirmed that lowest rate has more space allocated
- Air exchange rate is not reported
- 2nd study even reported equal rates in next season.

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Recent classification for airborne transmission

Obligate airborne: initiate solely through aerosols: TB

Preferential airborne: initiate through multiple routes but predominately by aerosols: Chicken pox and measles

Opportunistic airborne: typically through other routes but by aerosols in favorable conditions (as high-risk procedures such as intubation): Influenza and SARS

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WHO systemic review - 2008

Table 1. The scope and definitions of three transmission models

Mode of transmission	Definition	Examples of the agents
Airborne	Transmission of disease caused by dissemination of droplet nuclei that remain infectious when suspended in air over long distance (> 1m) and time. Airborne transmission can be further categorized into obligate or preferential airborne transmission. <ul style="list-style-type: none"> • Obligate airborne transmission refers to pathogens that are transmitted only by deposition of droplet nuclei under natural conditions. • Preferential airborne transmission refers to pathogens that can initiate infection by multiple routes, but are predominantly transmitted by droplet nuclei. 	pulmonary tuberculosis measles chickenpox

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Opportunistic airborne	Transmission of droplet nuclei at short range during special circumstances, such as the performance of <u>aerosol-generating procedures associated with pathogen transmission.</u>	SARS CoV Influenza
Droplet	Droplets are generated from an infected (source) person primarily during coughing, sneezing, and talking. Transmission occurs when these droplets containing microorganisms are propelled a short distance (usually ≤ 1m) through the air and deposited on the conjunctivae, mouth, nasal, throat or pharynx mucosa of another person.	Adenovirus Respiratory Syncytial Virus Influenza SARS CoV

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RESEARCH LETTERS

Research letters

Is SARS airborne?

Effectiveness of precautions against droplets and contact in prevention of nosocomial transmission of severe acute respiratory syndrome (SARS)

W H Seto, D Tsang, R W H Yung, T Y Cheung, T K Ng, M Ho, L M Ho, J S M Peiris, and Advisors of Expert SARS group of Hospital Authority*
*Members listed at end of report.

We did a case-control study in five Hong Kong hospitals, with 241 non-infected and 13 infected staff with documented exposures to 11 index patients with severe acute respiratory syndrome (SARS) during patient care. All participants were surveyed about use of masks, gloves, gowns, and hand-washing, as recommended under droplets and contact precautions when caring for index patients with SARS. 89 staff who reported use of all four measures were not infected, whereas all infected staff had omitted at least one measure (p=0.0224). Fewer staff who wore masks (p=0.0001), gowns (p=0.006), and washed their hands (p=0.047) became infected compared with those who didn't, but stepwise logistic regression was significant only for masks (p=0.011). Practice of droplets precaution and contact precaution is adequate in significantly reducing the risk of infection after exposures to patients with SARS. The protective role of the mask suggests that in hospitals, infection is transmitted by droplets.

SARS 2-7 days after exposure, with no exposure to cases outside the hospital.
 For this study, index patients were selected only when there was documented clustering, indicating recent spread of infection. We could identify infected staff because since early February, notification of staff with SARS was mandatory in hospital-authority hospitals. We tested sera taken from index patients and infected hospital staff during the acute phase of the infection and during convalescence for antibodies to the corona-like virus associated with SARS using an indirect immunofluorescence test.
 We excluded one hospital that had a large nosocomial outbreak because a drug nebuliser was used on an index patient with SARS for longer than 10 days. Droplets precautions have never been recognised as an effective infection control measure for such aerosol-generating

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	Medical Masks	Gloves	Gowns	Eye Protection	N95
+ HICPAC					
WHO/SHEA					
Droplets all cases	Yes	-	-	-	-
Standard Precautions	Yes	Yes	Yes	Yes	-
Aerosol Generating		Yes	Yes	Yes	Yes
Resp swabs	Yes	Yes	Yes	Yes	-
Collecting blood	Yes	Yes	-	-	-
CDC (13 th May) Standard & Contact	+ IOM	Yes	Yes	Yes	Yes
Enter Isolation room - all HCWs					Yes

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CDC 23rd July 2009
 (http://www.cdc.gov/ncidod/dhqp/hicpac_transcript-07-23.html).

Healthcare Infection Control Practices Advisory Committee (HICPAC)

"No studies to date have demonstrated human infection occurring from naturally aerosolized influenza or human infection occurring by inhalation of artificially aerosolized influenza in ambient rather than directed air."

"confirm the presence of airborne influenza virus in various clinic locations"
 Blachere et al (CID 2009 48 (4):438)

Finally a recent study focused on air sampling in a busy hospital emergency room during influenza's seasonal activity detected in the air fraction was in small particles 1 to 4 micrometers in size.
 PCR detection, rather than viral culture and assessment of viability, was utilized in this study, so the significance of these findings needs further investigation.

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CDC website

HICPAC advisory committee
 23rd July to vote on the latest recommendation
 (http://www.cdc.gov/ncidod/dhqp/hicpac_transcript-07-23.html).

"endorse the use of surgical masks for the routine care of patients with confirmed or suspected, novel influenza A (H1N1)"

"it is appropriate at this time to recommend the use of N95 or higher respiratory protection for procedures that are likely to generate small particle aerosols." The procedures are then listed to include "bronchoscopy, intubation under controlled or emergent situations, cardiopulmonary resuscitation, open airway suctioning and airway induction."

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Comment on Blachere et al: PCR positive is not the same as culture positive

1st September 2009

Institute of Medicine

- HCWs (including non-hospital settings) in close contact with individuals with nH1N1 or ILIs should use fit-tested N95 respirators.
- Endorse current CDC guidelines.

Page 17 : "confirm the presence of airborne influenza virus in various clinic locations"
 Blachere et al (CID 2009 48 (4):438)

Also based on the Macintyre study done in China
 Claims N95 statistically significant more protective than controls. but surgical masks had no efficacy for any outcome

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But there is a study not considered by IOM showing that surgical masks is as effective as N95.....

Surgical Mask vs N95 Respirator for Preventing Influenza Among Health Care Workers: A Randomized Trial.
 Mark Loeb et al, JAMA., 2009;302(17), October 1 online

A randomized controlled trial of 446 nurses in 8 tertiary care hospitals – Ontario

	Surgical masks	N95
n =	225	221
Influenza infected =	50 (23.6%)	48 (22.9%)

p = 0.086 (meet criteria for non-inferiority)

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abc NEWS Health

But Macintyre group retracted their study

CDC Flu Mask Decision Based on Flawed Study, Authors Say

After a re-analysis prompted by questions from reviewers, the findings were no longer significant, said Holly Seale of the University of New South Wales in Sydney, Australia.

The original study, presented earlier this year, formed the basis of several important policy decisions, including Centers for Disease Control and Prevention guidance on the use of masks in a health care setting.

The retraction -- near the end of a presentation at the annual meeting of the Infectious Diseases Society of America -- prompted a "rush to the microphones" by those involved in flu prevention, one expert said.

abcnews.com/Health/SwineFluNews/cdc-flu-mask-decision-based-flawed-study-authors/Story?id=896658&page=1

SHEA The Society for Healthcare Epidemiology of America

IDSA Infectious Diseases Society of America

APIC Association of Professionals in Infection Control and Epidemiology

November 5, 2009

President Barack Obama
 The White House
 1600 Pennsylvania Avenue, NW
 Washington D.C. 20500

Dear President Obama:

During this state of national emergency due to the 2009 H1N1 influenza pandemic, it is imperative that healthcare professionals and facilities receive clear, practical, and evidence-based federal guidance to ensure patient and healthcare worker safety. With this in mind, the Society for Healthcare Epidemiology of America (SHEA), Infectious Diseases Society of America (IDSA), and Association of Professionals in Infection Control and Epidemiology (APIC) write to express significant concern with the federal guidance, developed by your Administration in cooperation with several agencies and recently issued by the Centers for Disease Control and Prevention (CDC), and Occupational Safety and Health Administration (OSHA) requirements concerning the use of personal protective equipment (PPE) by healthcare workers in treating suspected or confirmed cases of H1N1 influenza.

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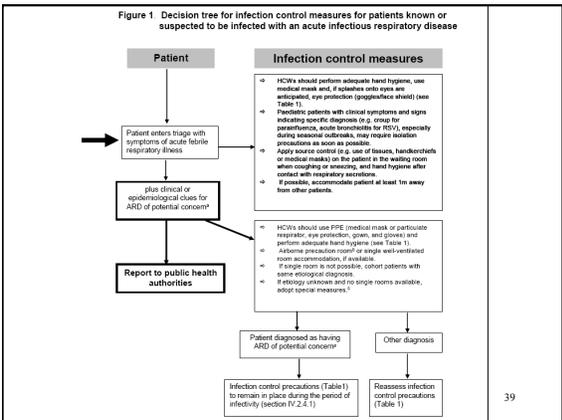
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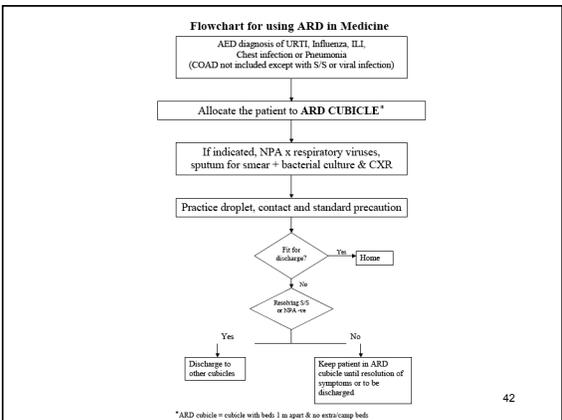
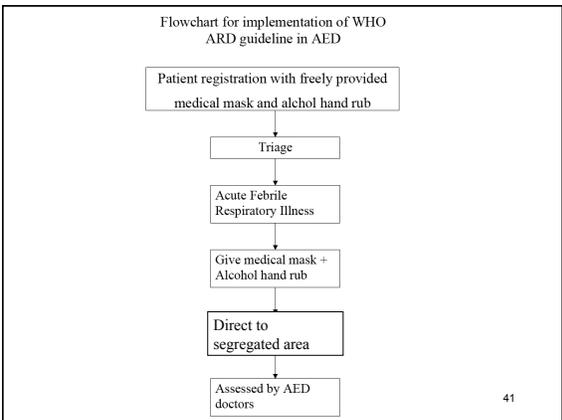
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CDC change in June 2010.
 “In a change from previous pandemic H1N1 recommendations, the CDC advises that healthcare workers wear face masks [ie. the surgical masks] when entering the room of a patient who has confirmed or suspected flu. Earlier recommendations suggested that staff wear N-95 respirators during all contact with flu patients; however, the new guidance recommends N-95s or higher levels of protection during risky procedures such as aerosol-generating procedures.”

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- ## Implementation of WHO ARD guideline
- AED
 - General medical units
- Facilities required:**
- Medical/ surgical masks
 - Alcohol hand rub
 - Tissue papers
 - Segregation of ILIs
- Facilities required:**
- ARD cubicles (beds separated by 1 m apart, with no extra/camp beds)
 - Sufficient supply of PPEs
 - Hand hygiene facilities (alcohol hand rub, sinks, etc.)
 - Suction for NPA (viral TM)



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COPDs

1. Diagnosis of exacerbation can be made in at least about 70% of the time
2. Most are due to bacteria.
3. Viral may account for about 10%
4. They usually have added features like coryza, sore-throat, myalgia, joint pains, high fever.
5. NPA should not be routinely done but only when indicated.

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Flowchart for using ARD Isolation Cubicle in General Medical Unit

```

    graph TD
      A["AED diagnosis of URTI, Influenza, ILI,  
Chest infection or Pneumonia"] --> B["Allocate the patient to ARD ISOLATION CUBICLE*"]
      B --> C["NPA x respiratory viruses, sputum for gram  
smear and bacterial culture & CXR"]
      C --> D["Practice droplet, contact and standard precaution"]
      D --> E{"NPA  
results"}
      E -- positive --> F["Keep patient in isolation  
cubicle until resolution of  
symptoms or be  
discharged"]
      E -- negative --> G["Discharge to cubicles  
other than isolation  
cubicles"]
    
```

COAD not included unless clear evidence of URTI

*ARD isolation cubicle - cubicle with beds 1 m apart & no extra/camp beds.

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Key Features:

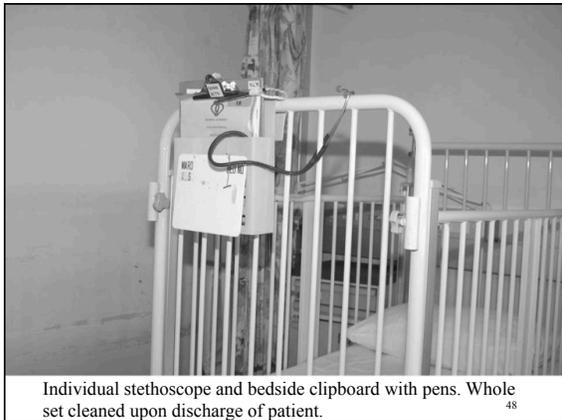
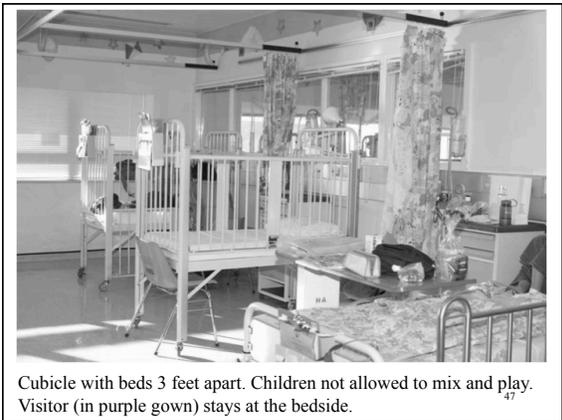
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Special droplet precautions for Pediatric Patients

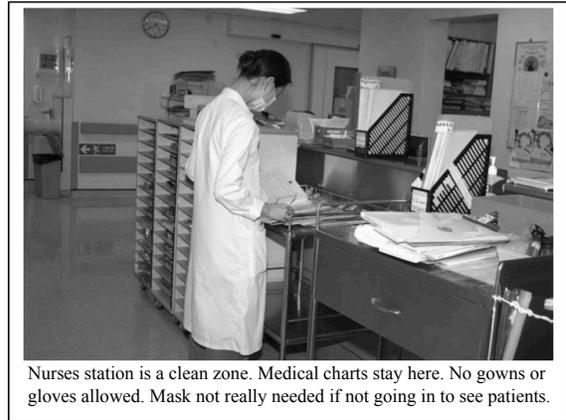
1. Beds are 1m apart
2. Patients are not to leave bed without permission
3. No sharing of non-essential medical equipments
4. Patient records are not placed by the bedside
5. No common play area
6. Once diagnosis made, relevant isolations may be needed

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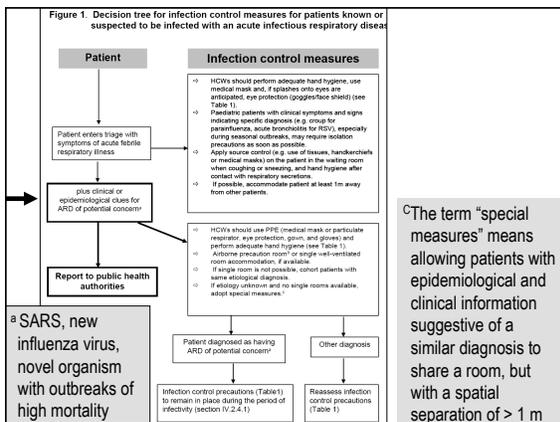
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Visitor's policy

- 3 visitors named on admission
 - Only 1 visitor at bedside at any one time
 - 24 hour visit allowed
 - Visitors gown and mask



Clinical and epidemiological clues

- **Clinical clues**
 - Unexplained severe acute febrile respiratory illness
 - Unexplained illnesses
 - Exposure history within incubation period
- **Epidemiological clues**
 - Travel history
 - Occupation
 - Contact
 - Cluster

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Table 1. Infection control precautions for HCWs and caregivers providing care for patients with ARDs according to a sample of pathogens

Precaution	No pathogen identified, no risk factor for ARD of potential concern (e.g. influenza-like illness without risk factor for ARD of potential concern)	Pathogen					
		Bacterial ARD*	Parainfluenza RSV & adenovirus	Influenza virus with sustained human-to-human transmission (e.g. seasonal influenza, pandemic influenza)	New influenza virus with no sustained human-to-human transmission (e.g. avian influenza)	SARS	Novel organisms causing ARD†
Hand hygiene*	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Gloves	Risk assessment†	Risk assessment†	Yes	Risk assessment†	Yes	Yes	Yes
Gown*	Risk assessment†	Risk assessment†	Yes	Risk assessment†	Yes	Yes	Yes
Eye protection	Risk assessment†	Risk assessment†	Risk assessment†	Risk assessment†	Yes	Yes	Yes
Medical mask on HCWs and caregivers	Yes	Risk assessment†	Yes	Yes	Yes†	Yes†	Not routinely†
Particulate respirator on HCWs and caregivers	for room entry	No	No	No	No	Not routinely†	Not routinely†
	within 1m of patient for aerosol-generating procedure†	No	No	No	No	Not routinely†	Not routinely†
Medical mask on patient when suitable isolation area†	Yes	Yes	Yes†	Yes	Yes	Yes	Yes
Single room	Yes, if available*	No	Yes, if available*	Yes, if available*	Yes	Yes	Not routinely†
airborne precaution room*	No	No	No	No	Not routinely†	Not routinely†	Yes
Summary of infection control precautions for routine patient care, excluding aerosol-generating procedure†	Standard plus Droplet Precautions	Standard Precautions	Standard plus Droplet plus Contact Precautions	Standard plus Droplet Precautions	Standard plus Droplet plus Contact Precautions	Standard plus Droplet plus Contact Precautions	Standard plus Airborne plus Contact Precautions

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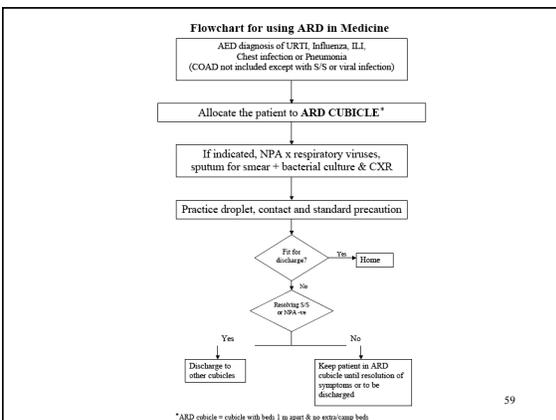
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Fix the procedures (pp22)

For all ARDs

- ⇒ Cohorting refers to placing patients infected or colonized with the same pathogens in the same designated unit (same space and staff in the unit). Whenever possible, cohorting should be used for implementation of isolation precautions when single rooms are not available (64).
- ⇒ If the etiological diagnosis is not laboratory-confirmed, cohorting, as described above, is not possible. Because of the transmission risk, patients should be housed in single rooms, whenever possible.
- ⇒ However, if sufficient single rooms are not available, apply special measures. Only allow patients with epidemiological and clinical information suggestive of a similar diagnosis to share rooms, and with a spatial separation of at least 1 m from one another.
- ⇒ Avoid sharing of equipment, but if unavoidable, ensure that reusable equipment is appropriately disinfected between patients (64).
- ⇒ Ensure regular cleaning and proper disinfection of common areas (66), and adequate hand hygiene by patients, visitors and caregivers (67, 68).

"In Paediatric patients with ARDs.....Contact, Standard and Droplet Precautions should be implemented whenever possible." pp11



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Key Features:

1. Standard precautions with cough etiquette
2. ARD of public health emergency and international concern: SARS, new influenza virus, novel ARD
3. Measures before diagnosis is made (Figure 1)
4. Cohort patients or if not separation by 1m apart
5. Special measures for pediatric patients
6. Measures after diagnosis is made (Table 1)
7. Handling high risk procedures
8. Isolation rooms and when it is not enough
9. Use of PPEs and managing surge capacity
10. Infection Control in special situations

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Establishing an Infection Control Program for Acute Respiratory Infections

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Aerosol-generating procedures

Table 6. Risk of transmission of respiratory pathogens during aerosol-generating procedures

Procedure	Type of study
<p>Documented increase in risk of respiratory pathogen transmission</p> <ul style="list-style-type: none"> Intubation, cardiopulmonary resuscitation and related procedures (e.g. manual ventilation, suction) Bronchoscopy Autopsy/surgery 	<p>Epidemiological studies on tuberculosis and SARS</p> <p>Epidemiological studies on tuberculosis</p> <p>Epidemiological studies on tuberculosis</p>
<p>Controversial/possible increase in risk of respiratory pathogen transmission</p> <ul style="list-style-type: none"> Non-invasive positive-pressure ventilation and bilevel positive airway pressure High-frequency oscillating ventilation Nebulization 	<p>Epidemiological studies on SARS</p> <p>Epidemiological studies on SARS</p> <p>Epidemiological studies on SARS</p>

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1.1. When working in direct contact with patients, Standard⁶ and Droplet Precautions⁷ should always be applied.

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www.who.int/csr/resources/publications/cp150_2009_1612_ipc_interim_guidance_h1n1.pdf



World Health Organization

Infection prevention and control during health care for confirmed, probable, or suspected cases of pandemic (H1N1) 2009 virus infection and influenza-like illnesses

Updated guidance
18 December 2009

1. Background

Since the first recorded cases in April 2009, the pandemic influenza A (H1N1) 2009 virus has spread rapidly across the globe resulting in sustained community transmission worldwide. Health-care facilities continue to face the challenge of providing care for patients infected with the pandemic virus. In order to minimize transmission during health care, it is crucial that health-care workers (HCWs), other care-givers, including attendants, patients, and visitors, follow appropriate infection prevention and control (IPC) precautions. Although some of these precautions are generic and should be followed by everyone, the nature of work performed by

This guidance replaces guidance documents issued on 29th April and 25th June 2009 and remains valid until 30th June 2010, 63

WHO guideline

1.2. When performing aerosol-generating procedures associated with an increased risk of infection transmission (e.g. aspiration or open suctioning of the respiratory tract, including for the collection of lower respiratory tract specimens, intubation, resuscitation, bronchoscopy, autopsy, etc.), IPC precautions should include the following:

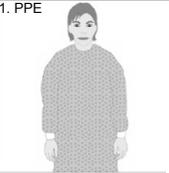
- Wear a particulate respirator (e.g. FFP2; see⁹ for listing), eye protection (i.e., goggles or a face shield); a clean, non-sterile, long-sleeved gown; and gloves (some of these procedures require sterile gloves).
- Perform procedures in an adequately ventilated room; e.g. minimum of 6 to 12 air changes per hour in facilities with a mechanically ventilated room and at least 60 liters/second/patient in facilities with natural ventilation.¹⁰
- Limit individuals in the room only to those required for the patient's care and support.
- Perform hand hygiene before and after patient contact and after PPE removal.

- Non-invasive ventilation (NIV) (i.e., BiPAP, CPAP):¹² Standard and Droplet Precautions unless indicated otherwise by new evidence of increased transmission risk.¹³
- Nebulization: Standard and Droplet Precautions. Nebulizer treatment should be performed in an area that is physically separated from other patients (e.g. treatment room, screened enclosure).¹⁴

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Aerosol generating procedures

1. PPE



Gown



N95 and eye protection



Gloves

2. Ventilation

6-12 ACH

3. Hand hygiene

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Aerosol-generating high risk procedures.

Both WHO/CDC: Intubation, bronchoscopy, autopsies, cardiopulmonary resuscitation, open suction of airways.

CDC only: extubation, sputum induction;

WHO only: collection of lower respiratory tract specimens.

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About Sputum Induction
Sputum induction is used to obtain sputum for diagnostic purposes when patients are unable to spontaneously expectorate a specimen. The procedure uses sterile water or hypertonic saline to irritate the airway, increase secretions, promote coughing, and produce a specimen. The CDC and OSHA both classify sputum induction as a high-risk procedure when performed on a person with suspected or known infectious TB

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WHO guideline

1.2. When performing aerosol-generating procedures associated with an increased risk of infection transmission (e.g. aspiration or open suctioning of the respiratory tract, including for the collection of lower respiratory tract specimens, intubation, resuscitation, bronchoscopy, autopsy, etc.), IPC precautions should include the following:

- Wear a particulate respirator (e.g. FFP2; see⁹ for listing), eye protection (i.e., goggles or a face shield); a clean, non-sterile, long-sleeved gown; and gloves (some of these procedures require sterile gloves).
- Perform procedures in an adequately ventilated room; e.g. minimum of 6 to 12 air changes per hour in facilities with a mechanically ventilated room and at least 60 liters/second/patient in facilities with natural ventilation.¹⁰
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- Non-invasive ventilation (NIV) (i.e., BIPAP, CPAP):¹² Standard and Droplet Precautions unless indicated otherwise by new evidence of increased transmission risk.¹³
- Nebulization: Standard and Droplet Precautions. Nebulizer treatment should be performed in an area that is physically separated from other patients (e.g. treatment room, screened enclosure).¹⁴

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Nebulizers

Emerging Infectious Diseases • www.cdc.gov/eid • Vol. 10, No. 2, February 2004

Cluster of SARS among Medical Students Exposed to Single Patient, Hong Kong

Tze-wai Wong,* Chin-kei Lee,† Wilson Tam,* Joseph Tak-fai Lau,* Tak-sun Yu,* Siu-fai Lui,‡ Paul K.S. Chan,* Yugo Li,§ Joseph S. Bresee,¶ Joseph J.Y. Sung,* and Umesh D. Parashar,¶ for the Outbreak Study Group**

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At the time this investigation was begun, jet nebulizer therapy given to the index patient was widely believed to have facilitated transmission. However, our findings demonstrate efficient transmission even before nebulizer therapy was begun on the afternoon of March 6.

Table 3. Time schedule of the clinical assessment of 19 medical students*

Time	Ill/total
6 March 2003	
10:00–10:40 a.m.	0/3
10:40–11:20 a.m.	2/3
11:30 a.m.–12:00 p.m.	3/3
12:00–12:40 p.m.	1/1
7 March 2003	
10:00–10:40 a.m.	1/2
10:40–11:20 a.m.	0/3
11:30 a.m.–12:00 p.m.	0/3
12:00–12:40 p.m.	0/1

*Excluding the student-patient whose illness had a long incubation period.

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Lastly, for the students with SARS who were present on the ward for reasons other than the bedside assessment, no association was observed between their stay in the ward at the specific periods when the nebulizer was used and the development of SARS.

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A Large-Volume Nebulizer Would Not Be an Infectious Source for Severe Acute Respiratory Syndrome

Gwo-Hwa Wan, PhD; Ying-Huang Tsai, MD; Yao-Kuang Wu, MD; Kuo-Chien Tsao, MSc

ABSTRACT
We attempted to detect the presence of airborne SARS-coronavirus (CoV) in a healthcare setting when a patient with SARS used a humidifier or a large-volume nebulizer (LVN). All of the air samples from the humidifier and LVN were found to have negative SARS-CoV-specific DNA products (*Infect Control Hosp Epidemiol* 2004;25:1113-1115).

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Establishing an Infection Control Program for Acute Respiratory Infections

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Special situations

- Care of the diseased (pp 31)
- Environmental cleaning and disinfection (pp 55)
- Cleaning and disinfection of respiratory equipments (pp 74)
- Waste management (pp 56)
- Needle stick injury prevention (pp 57)
- Infection control across continuum of care (pp 76)
- Respiratory protection (pp 44)
 - Important of seal check every time
 - Stated that fit test does not have evidence

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Key Features:

- Standard precautions with cough etiquette
- ARD of public health emergency and international concern: SARS, new influenza virus, novel ARD
- Measures before diagnosis is made (Figure 1)
- Cohort patients or if not separation by 1m apart
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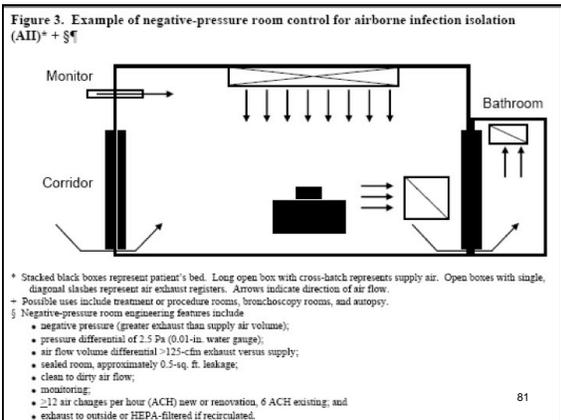


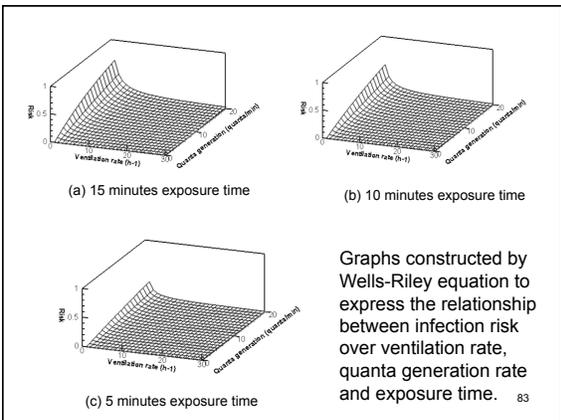
Figure 3. Example of negative-pressure room control for airborne infection isolation (AII)* + §¶

Airborne transmission isolation room:

- Single room or cohorting
- Negative pressure (-2.5 Pa)
- 12 air changes per hour for new renovations
- Exhaust air outside or recirculated HEPA filters

- sealed room, approximately 0.5-sq. ft. leakage;
- clean to dirty air flow;
- monitoring;
- ≥12 air changes per hour (ACH) new or renovation, 6 ACH existing; and
- exhaust to outside or HEPA-filtered if recirculated.

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Measurements in Grantham Chest Hospital Hong Kong (tests in 4 rooms)

Windows open (100%), Doors open (100%)	= 45.4 ACH
Windows open (100%), doors close	= 20.2 ACH
Windows open (50%), doors close	= 15.5 ACH
Windows close, doors close	= 0.6 ACH
Windows close, doors open	= 3.4 ACH 84

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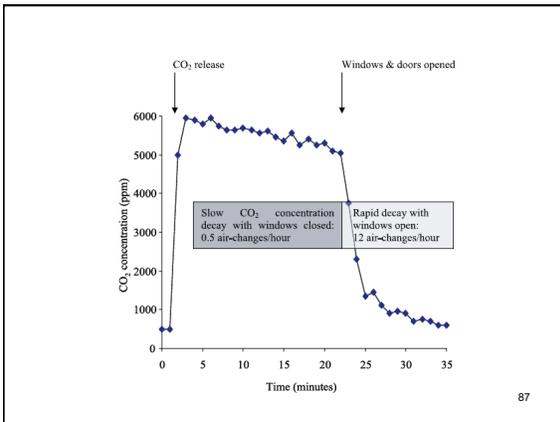


Journal of TB and Lung Diseases; Oct 2005

AR Escombe et al:
 Supervise by Imperial College and John Hopkins

65 rooms in 8 hospitals in Lima, Peru

Old Facilities: Median 37 ACH
 Modern Facilities: Median 18 ACH



TB incidence in Grantham and HA hospitals 1996-2005

Mean Incidence (per 100,000 pat year)

HA hospitals: (257 cases)	60.4
GH: (5 cases)	65.2

p = 0.9

A study comparing clinical and non-clinical staff under the condition of mandatory reporting

Seto et al: CID (in press)

Comparison of Non-clinical and Clinical Staff Infected by pH1N1

	Non-clinical	Clinical	Statistical significance (p)
Total number of staff (n)	18759	40511	
Number infected			
A. During mandatory reporting for all staff	119 (0.63%)	249 (0.62%)	0.82 RR: 0.98 (95% CI 0.78-1.2)
B. Data during the entire pandemic period	NA	1039 (2.6%)	HK - 3.6% for same age group (Cowling et al - accepted CID)
For Infected staff (n)			
Demographic data			
M	36 (30.3%)	253 (24.4%)	
F	83 (70%)	786 (75.6%)	0.19
Mean age	38.6	37	0.45

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Marion A. Kainer MD, MPH, FRACP
 Medical Epidemiologist/ Infectious Diseases Physician
 Director, Hospital Infections and Antimicrobial Resistance
 Program Tennessee Dept. of Health

Dr Seto,

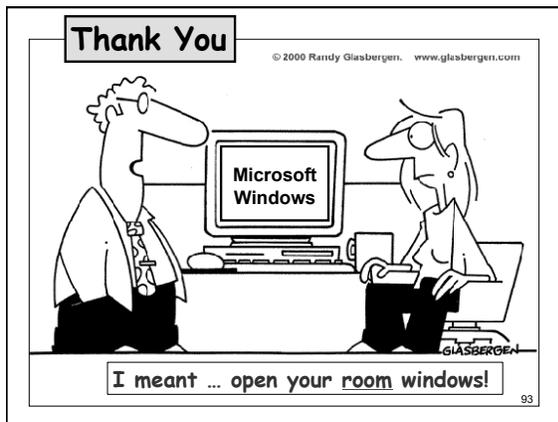
I really enjoyed your insightful presentation yesterday... I am sorry you had to skip through so many of the slides in the interests of time.

I did my infectious disease training in Australia at Fairfield hospital... a stand-alone infectious diseases hospital that saw/treated most of the TB patients in Victoria-- we had single rooms, all of which opened up to a private balcony... we used lots of open air ventilation, high ACH and none of our staff converted their TSTs.

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Opening your windows,
 The key to natural ventilation..

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